



Since first hitting the courts of Taconic Sport & Racquet at age 5, Trina Beram has been a powerful force. Showing exceptional skill, Trina trained with the highest level players for well over a decade. At age 16, Trina was recruited to train at the prestigious IMG Academy in Bradenton, Florida. Spending a year with a rigorous school schedule and 6 hours on court every day, Trina's skill set flourished.

With all that she'd learned, in addition to the many years she'd spent as an Apprentice and Assistant, Trina was ready to share her love for the sport with others. Upon return from Florida and graduation from high school, Trina embarked on a career as a Tennis Professional. With positions at Millbrook Golf & Tennis Club and Poughkeepsie Tennis Club Trina gained extensive experience working with players of all ages. She has attended hours of USTA (United States Tennis Association) and Net Generation training classes and seminars. Trina fully understands the process of training junior players through the USTA recommended red, orange, green, yellow pathway. Trina currently holds a UTR of 5.35 in singles and 6.88 in doubles with a USTA rating of 4.5. On court, Trina brings her high energy and upbeat attitude to help players learn and progress while having fun!

We are thrilled to welcome Trina Beram to Taconic Sport & Racquet as a Staff Tennis Professional.